

East River Gastroenterology & Nutrition

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ILEOSCOPY PREPARATION INSTRUCTIONS

You are scheduled to have an ileoscopy on _____ at _____.

This will be performed at Carnegie Hill Endoscopy Center, 1516 Lexington Avenue, between 97th and 98th streets. Please arrive forty-five minutes before your procedure for registration.

- Do not take iron for one week before the procedure.
- If you take aspirin, coumadin, Plavix, or other blood-thinners, or have a bleeding disorder, please call the office to discuss this before the day of your ileoscopy.
- Do not eat anything solid after 8 pm the night before the procedure. You may have clear liquids such as water, tea, and juice until midnight.
- Do not eat anything the day of your procedure. You may take your regular medications with some water. Do not drink anything else.

If you have any questions or need to reschedule, please call (212) 535-4500.
Please have any necessary referrals or the procedure may be cancelled.